



HEALING MUSIC

CONCERT

FRIDAY OCTOBER 2ND 6PM

A sound experience—a one-hour musical journey—where you can relax and let yourself be carried away by sounds rich with meaning, guided by Aída Dominguez.

CONCERT PRICE:
45\$ (Early bird 36\$)

CONCERT + WORKSHOP: 85\$



MÚSICA DO CÍRCULO

630 485 4344

www.aidadominguez.com

COLLECTIVE MUSIC

WORKSHOP

ARRANMORE
FARM + POLO CLUB

*When the body becomes music
and rhythm becomes unity.*

OCT- 3rd
5 - 7 PM



MUSICA DO CIRCULO

Body music and group improvisation

Música do Circulo is a technique for fostering connection among people through body music and collective improvisation. Through various games and activities, participants explore their own musicality in a fun way, coming into harmony through melodies, rhythms, laughter, and physical contact.

The music we can make with our bodies and voices, play, improvisation, and movement are key elements of this Brazilian technique that aims to return music to every human being and, through it, bring us closer together. Because beating the same rhythm together, harmonizing our voices, looking each other in the eyes, and smiling when we feel the music's vibration makes us part of a unique moment, in which we understand that the world could be very different if we simply... sang together as a means of socializing.

WHAT WE DO IN THE WORKSHOPS:

In the Música do Circulo workshops, participants will be guided by the facilitator to explore different improvisation games, rhythms, and melodies. In this way, improvised music emerges from the group and from each participant. Thus, the music that emerges is the result of collective co-creation, guided and facilitated in a safe, inclusive, and non-judgmental environment.

WHO IS IT FOR?

No prior musical experience is necessary for our workshops. We start from the premise that every human being possesses musicality, a desire to play, and a desire to share.

WHAT THESE WORKSHOPS OFFER:

Fun, play, improvisation, rhythmic and melodic development, a sense of connection, and lots of energy.



WHEN:

October 2nd, 2026

5:00-7:00 PM

WHERE?

We will have the pleasure of meeting at Arranmore (Farm + Polo Club), a unique setting surrounded by beauty, comfort, and exclusivity.



PRICE

\$54 (After September 1)

\$45 Earlybird (Before September 1)

"Attend both experiences:
workshop + Concert: 85 USD